## PARENTAL PERMISSION FORM FOR UNACCOMPAINED MINORS



Please review the following carefully (with your child, if applicable) and sign below.

Please remember that each volunteer is responsible for his or her own safety. A responsible adult must accompany and directly supervise any volunteer under 18. Notify your Site Leader if an accident occurs, you see unsafe behavior, or have a concern of any kind.

- Wear comfortable clothing appropriate for the weather and type of event. Closetoed shoes are recommended, as are hats, sunscreen and bug spray during summer months. Clothing must not display inappropriate or offensive images or language.
- Be alert and pay attention to your surroundings. Do not perform your duties in moving traffic. Do not enter oncoming traffic. Avoid areas and obstacles or crowds that appear to be unsafe. If in doubt, choose another location or individual to approach!
- **Be prepared.** If outdoors, know the forecast and bring rain gear if showers are expected. Prepare for excessive heat by wearing light colored, loose-fitting clothing or for cold by dressing warmly and in layers. Bring water and sunscreen.
- Work in pairs.
- **Do not overextend yourself.** Take breaks as needed and drink plenty of fluids.
- Do not participate under the influence of alcohol or drugs.
- Know where the nearest first aid kit and phone are located, and the cell phone number or location of your site leader or event organizer.
- If assisting with keeping the site clean while volunteering:
  - Wear gloves.
  - Do not touch anything that appears to be dangerous, hazardous, infectious or personal hygiene items.
  - Avoid picking up sharp objects.
  - Do not overstuff, or step on trash bags, or pick up anything too heavy for you to lift.
  - Bend with your knees.
  - Notify your Site Leader, or the Event Organizer, if you find any dangerous, hazardous, infectious or personal hygiene items.

## In addition to the above, any child should:

- Stay within sight of his or her group leader or chaperone at all times.
- Follow the directions of your site leader.

**PLEASE NOTE:** A volunteer may be dismissed for unruly behavior. NOTE: This form must be completed, signed by the parent or guardian, and returned to the site leader or chaperone, in order for your child to participate in a KNB volunteer event without parent or guardian.

I have read and reviewed (with my child, if applicable) the above Safety Guidelines. I understand that participation in the event listed below is entirely voluntary. I understand there are risks involved in volunteering. I hereby release the City of Norfolk (as well as any individual and/or organization for which I or my child is volunteering), and their officials, employees, and/or agents, for any and all injuries or property damages that may occur as a result of participation in this activity. I give permission to authorized personnel to carry out such emergency diagnostic and therapeutic procedures as may be carried out by the local hospital(s) for my child in the event of an emergency. I understand that any medical expenses will be billed directly to my insurance company or me. I hereby grant the Norfolk Environmental Commission, Keep Norfolk Beautiful and the City of Norfolk, without limitation or obligation, the right to photograph or videotape me or my child and to use these videotapes and photographs in any and all of its publications at their discretion for the purpose of promoting their activities.

, have read and will adhere to the sa			re to the safety
I,, I (Name of Parent / Guardian)			-
guidelines outlined above, and I give	(Child(ren		
permission to participate in the volunteer event	schedule	ed for	
		(Date of	Event)
at		•	
(Location and Name of Event)			
(Signature of Individual Volunteer or Parent / Guardian of I	 Minor)	(Date)	
(Signature of Child(ren))		(Date)	
EMERGENCY CONTACT:			
EMERGENCY PHONE #:			